



Pre-K Traditional Breakfast & Lunch Menu MARCH 2020

Student Breakfast - \$1.25*
 Adult Breakfast - \$1.60
 Student Lunch - \$2.65*
 Adult Lunch - \$3.55

*unless eligible for free/reduced meal program

- Fresh fruits and vegetables served daily.
- (V) Denotes vegetarian item
- (P) Denotes pork item
- All meals served with 1% white milk
- *Menu subject to change

STAY UP TO DATE

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LISD Child Nutrition

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Monday

2

BREAKFAST
 French Toast Sticks (V)
 Applesauce

LUNCH
 Grilled Cheese (V)
 Mashed Potatoes
 Apple Slices

Tuesday

3

BREAKFAST
 Cheerios with Cheese Stick (V)
 Apple Slices

LUNCH
 Chicken Sandwich
 Celery
 Pear Slices

Wednesday

4

BREAKFAST
 Waffles with Blueberries (V)
 Pear Slices

LUNCH
 Cheeseburger
 Coleslaw
 Orange Wedges

Thursday

5

BREAKFAST
 Egg & Cheese Melt (V)
 Apple Juice

LUNCH
 Mini Corn Dogs
 Baby Carrots
 Pineapple

Friday

6

BREAKFAST
 Egg, Bacon & Cheese
 Flatbread (P)
 Pineapple Tidbits

LUNCH
 Cheese Pizza (V)
 Broccoli
 Banana

9

BREAKFAST
 French Toast Sticks (V)
 Pineapple Tidbits

LUNCH
 Pizza Sticks (V)
 Baby Carrots
 Apple Juice

10

BREAKFAST
 Cheesy Sausage
 Scrambled Eggs with Toast (P)
 Pear Slices

LUNCH
 Chicken Sandwich
 Baked Beans
 Grapes

11

BREAKFAST
 Cheerios with Cheese Stick (V)
 Raisins

LUNCH
 Cheeseburger
 French Fries
 Apple Slices

12

BREAKFAST
 Kolache
 Apple Slices

LUNCH
 Macaroni and Cheese (V)
 Peas & Carrots
 Orange Slices

13

BREAKFAST
 Pancakes with Bacon (P)
 Banana

LUNCH
 Cheese Pizza (V)
 Broccoli & Tomatoes
 Banana

16

No School

17

No School

18

No School

19

No School

20

No School

23

BREAKFAST
 Egg & Cheese Melt (V)
 Craisins

LUNCH
 Chicken Drumstick & Waffles
 Cinnamon Sweet Potatoes
 Apple Slices

24

BREAKFAST
 Egg, Cheese & Tater Taco (V)
 Apple Slices

LUNCH
 Green Chicken Tamale
 Tomato Wedges
 Applesauce

25

BREAKFAST
 Waffles with Blueberries (V)
 Applesauce

LUNCH
 Cheeseburger
 French Fries
 Pear Slices

26

BREAKFAST
 Ham, Egg & Cheese
 Flatbread (P)
 Pear Slices

LUNCH
 Cheesy Meatball Sub
 Roasted Zucchini
 Applesauce

27

BREAKFAST
 Pancakes with Scrambled Eggs (V)
 Banana

LUNCH
 Cheese Pizza (V)
 Cucumber
 Orange Juice

30

BREAKFAST
 Cheerios with Cheese Stick (V)
 Fruit Mix

LUNCH
 Spaghetti with Meat Sauce
 Celery
 Apple Juice

31

BREAKFAST
 Egg, Cheese & Bacon Taco (P)
 Apple Slices

LUNCH
 Chicken Sandwich
 Curly Fries
 Grapes

No School

No School

No School



This institution is an equal opportunity provider.